

Sporting fun and arts and crafts at Lukestone Care Home



We've been keeping our residents active recently at Lukestone Care Home!

We've been enjoying a wide range of sports and games, including **bean bag games**, **parachute games**, **team ball challenges** and **games of table tennis**. Our resident Brian was a table tennis champion in his youth, so he's was over the moon to play it again with us!

Our ladies and gents have also spent time creating lots of **fabulous art and crafts**.

We made **book marks** and lovely little **bags** out of foam sheets, which look really effective!