

## Keeping spirits up at Lukestone Care Home



During the current lockdown we've been keeping our residents busy with a range of activities to keep them entertained and smiling here at Lukestone Care Home.

### Doreen's 90th birthday

We celebrated Doreen's 90th birthday, which was fun. We decorated our Home with balloons and presented her with a lovely birthday cake that she was delighted with. She also spoke to her family online, which made the day extra special for her.

### Pink and perfect!

Our residents were doing some singing and exercising to music together, with the added fun of wigs! Bernard put one of our bright pink wigs on himself, which made us all laugh! Resident Joan and our Recreation and Well-Being staff also joined in. Such a good giggle.

### Playing board games with residents

Our board games have really come into their own during this lockdown and we've loved playing them with our ladies and gents. Draughts is a particular favourite!

## **Lovely smiles**

We've seen lots of smiles around our Home recently. Our Easter celebrations brought a buzz to Lukestone and our ladies loved wearing their Easter bonnets with chicks on! And our residents have enjoyed writing to their loved ones and receiving post too, which always lifts their spirits.

## **A splash of colour**

Our ladies have enjoyed getting creative recently too. They have painted a large rainbow banner together which looks brilliant and is a lovely tribute to all those working hard at the moment to support others. Colouring has also been a popular pastime, as it's so relaxing. We're always so pleased with the artwork we produce and we hope it makes others smile.

## **Keeping in touch with family**

We've been keeping in regular contact with our families, and using video calling to see them (almost!) face-to-face, which is lovely. Alec really enjoyed seeing and chatting to his family online recently.









