

Garden reminiscence with books at Lukestone Care Home



On Monday 17 July, we read a 'Garden in Pictures' book with our Lukestone Care Home residents in our main lounge.

The book contained **photographs** of gardens, families, children, many familiar flowers and animals, along with a few **quotations**, as well as **poetry**.

Patricia really loved reading it with **Linda**, our Activity Champion, and she talked about her own experiences in her garden. Similarly for **Gillian**, each page was a delight as she could recall her children and family times in the outdoors.

Some of our ladies, including **Betty** and **Violet**, preferred to read the books by themselves and enjoyed perusing the interesting pages. *A very relaxing afternoon!*