

## Christmas celebrations throughout December at Lukestone Care Home



**On Wednesday 6 December at Lukestone Care Home we kicked off our festive celebrations by decorating our Home and having cakes and mulled wine together, which got everyone in the mood for Christmas.**

We also welcomed, for the third time this year, the lovely **Ukulele Invicta Club** who played some wonderful Christmas songs for us.

It's the time of year when we reflect on the meaning of Christmas and what it means to each of us; it could mean being together with family or sharing new ideas and projects. It could also mean letting go of the things that are not useful to us, or forgiveness and compassion towards others and ourselves!

During December we made **festive decorations for our Christmas trees including knitted Christmas trees and handmade Gonks**. This was such a lovely activity, full of creativity as our residents filled in the Gonks and decorated the Christmas trees as they wished.

We also had a **Christmas jumper competition with Simi our Senior Healthcare Assistant winning the first prize**. We've also hosted a number of **coffee mornings at the Grange Moor Hotel** where our residents have enjoyed a nice coffee and a cake together with their families, which has been lovely to see.

We have also thought of children in need that will struggle this Christmas, and **bought toys and other presents which we donated**

to the Salvation Army.

As part of the festivities we welcomed **Mariane the talented accordionist** who played Christmas songs and also kindly went and played the accordion for our ladies in their rooms.

Christmas is also about **reviving our senses** and we took advantage of reminiscing about memories that certain smells such as sage and onion, orange, a nice Christmas tree or cinnamon bring back.

*It was certainly a busy December – festive wishes to everyone!*

